

Sun

male hormone balance blend 10ml

Sun is a strengthening, grounding, and emotionally uplifting essential oil blend formulated to enhance physical and emotional intimacy for men and bring balance to male hormones.*

Sun supports male physical performance and allows them to be more available emotionally for their partner.*

Although formulated for men, women also have some male hormones and many women must be both mother and father to their children. This blend can help those women access their more masculine side and have the strength and authority necessary to provide the guidance and discipline a child would normally receive from their father.*

uses

aromatic

- **Inhalation:** Place 1-2 drops on a tissue, cotton ball, or in the palms of the hands and inhale as needed for general debility, mental and emotional exhaustion, or for its aphrodisiac effects.*

bath

- **Bath:** Mix 8 to 10 drops into ½ cup Pink Himalayan or Dead Sea salts and dissolve into warm bath water to help restore energy and physical vigor.*

topical

- **Massage:** Dilute 10 to 12 drops in 1 ounce of carrier oil and massage over the lower abdomen area to support and vitalize reproductive energy.*
- **Reflexology:** Apply 1 to 2 drops on the foot reflex points for the reproductive organs, gently stimulating the points as you massage in the oil.*

topical dilution guidelines

- **Healthy individuals ages 10 and over:** Dilute to 10% (60 drops per 1 ounce of carrier oil).*

gōDesana

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application methods

Aromatic • Bath • Topical

safety group: 3

Never recommended for children or while pregnant or nursing when used as a single oil. However, these oils are considered safe when formulated in blends by a qualified aromatherapist, properly diluted, and used as directed according to specific usage recommendations for each individual blend.

ingredients

Nardostachys jatamansi (Spikenard), Boswellia carteri (Frankincense), Cedrus atlantica (Cedarwood Atlas), Canarium luzonicum (Elemi), Cupressus sempervirens (Cypress), Santalum album (Sandalwood), Coriandrum sativum (Coriander Seed), Zingiber officinale (Ginger Root), Cocos nucifera (Fractionated Coconut)

responsible cautions

- Dilution not required, but can be done with carrier oil if individual skin sensitivity occurs.
- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Store away from sunlight, at room temperature, with the lid securely tightened.

**The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.*