

Tea Tree

melaleuca alternifolia 10ml

Our present knowledge of the properties and uses of Tea Tree is based on a very long history of use by the aboriginal people of Australia. One of more than 30 species of "paperbark" trees that flourish in Australia, Tea Tree belongs to the Melaleuca genus, and is closely related to Melaleuca quinquenervia (which produces Niaouli oil). The name Melaleuca comes from the Greek melas (black) and leukos (white) – referring to the contrast between the dark green foliage, which appears black, and the loose, paper-thin, and very white bark.*

An incredibly useful essential oil, Tea Tree, along with Lavender, is one of the essential oils mild enough to be used in small quantities directly on the skin. It is an excellent antifungal oil useful for cuts, pimples, and wounds, and as an inhalation for colds.*

Tea Tree, unlike antibiotics, does not kill indiscriminately, but can identify and kill destructive bacteria while leaving the friendly bacteria we need to stay healthy. Tea Tree also stimulates the immune system to help you stay healthy. Unlike antibiotics, if the infection is caused by a virus, Tea Tree has been found to be antibacterial, antiviral, and antifungal.*

Oils like Oregano, Thyme ct. thymol, and Lemongrass have the potential to literally burn the skin if not used properly. Tea Tree, on the other hand, is a powerful antibacterial, antiviral, and antifungal oil which is safe. With repeated application, it can be as effective as the stronger essential oils.*

USES

aromatic

- **Diffusion:** Diffuse 10-12 drops in a cool mist essential oil diffuser.*
- **Inhalation:** Place 1-2 drops on a tissue, cotton ball, or in the palms of the hands and inhale.*

bath

- **Bath:** Add 8 to 10 drops to ½ cup Pink Himalayan or Dead Sea bath salts and mix into warm bath water.*

internal

- **Gargle:** Mix 10 drops of Tea Tree in 6 ounces of water and gargle to assist with a fresh, healthy mouth.*
- **Lick:** Apply 1 drop to the back of the hand and then lick off.*

topical

- **Compress:** Mix 2-4 drops Tea Tree in 1 pint of hot or cold water; soak a towel in water and apply to the desired location. Cover the area with a dry towel and heating pad or ice pack.*
- **Lotion/Massage:** Add to lotion or carrier oil for massage.*

topical dilution guidelines

- **Healthy individuals ages 10 and over:** Dilute to 10% (60 drops per 1 ounce of carrier oil).*
- **Children 3 to 5 years:** Dilute 3 drops in 10 ml of carrier oil.*
- **Children 5 to 10 years:** Dilute 6 drops in 10 ml of carrier oil.*
- **Pregnancy:** Safe when used as directed starting in the 2nd trimester at 3% dilution (15 drops/1 ounce).*

goDesana

Product Information Page



application methods

Aromatic • Bath • Internal • Topical

safety group: 1

Generally regarded as safe when properly diluted and used as directed with children and while pregnant or nursing.

properties

Wildcrafted

Producing Organ: Leaves

Extraction: Steam Distillation

Country of Origin: Australia

Main Chemical Constituents: Terpinene, cineol, pinene

Therapeutic Properties: Anti-infectious, anti-inflammatory, antiseptic, antiviral, bactericidal, balsamic, cicatrizing, diaphoretic, expectorant, fungicidal, immuni-stimulant, parasiticide, vulnerary

responsible cautions

- Non-toxic, non-irritant, possibly sensitizing in some people.
- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Store away from sunlight, at room temperature, with the lid securely tightened.

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