

# Venous Relief

soothing blend 10ml

Although hemorrhoids and varicose veins are different conditions affecting separate areas of the body, they are actually quite similar. Both are caused by malfunctioning venous valves that lead to painful, bulging veins.

Varicose veins, also known as spider veins, result from pressure on blood vessels that makes blood pool and veins bulge. They can occur anywhere in the body, but are most common in the lower legs. Varicose veins can have serious complications that include hemorrhaging, blood clots, phlebitis, swollen ankles, and leg ulcers.\*

Hemorrhoids, swollen veins in the lower rectum, are very common in both men and women, and about 50% of the population in the U.S. have hemorrhoids by age 50. They can occur internally or externally, and symptoms can include pain, itchiness, and trouble sitting.\*

Venous Relief is formulated with essential oils that are known to assist the body with varicose veins, phlebitis, and hemorrhoids.\*

## ingredient highlights

**Cypress:** Well known for its ability to stimulate blood flow, cypress is beneficial in the treatment of unsightly varicose veins. Its properties act to strengthen and tone both the circulatory and nervous systems and relieve circulatory and lymphatic congestion.\*

**Green Myrtle:** Used and written about for centuries, Green Myrtle is antiseptic and bactericidal, particularly in the case of pulmonary and/or urinary infections. It has an astringent effect and can be useful with hemorrhoids, especially when combined with cypress.\*

**German Chamomile:** Strong anti-inflammatory properties make German Chamomile a valuable addition to Venous Relief since varicose veins, phlebitis, and hemorrhoids are all linked to inflammation.\*

## uses

### topical

- Apply neat (undiluted) directly to areas of concern twice daily. Can be used for an extended period of time.\*

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Product Information Page



## application methods

Topical

## safety group: 3

Never recommended for children or while pregnant or nursing when used as a single oil. However, these oils are considered safe when formulated in blends by a qualified Aromatherapist, properly diluted, and used as directed according to specific usage recommendations for each individual blend.

## ingredients

*Cupressus sempervirens* (Cypress), *Myrtus communis* (Green Myrtle), *Matricaria chamomilla* (German Chamomile), *Sesamum indicum* (Sesame Seed)

## responsible cautions

- Non-toxic, non-irritant, non-sensitizing.
- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Store away from sunlight, at room temperature, with the lid securely tightened.

*\*The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.*